



VICKY'S NATURAL KITCHEN
Deli Foods & Catering

DELI BREAKFAST SPECIALS MENU

FRUIT SMOOTHIE OF THE DAY WITH ALMOND MILK OR RICE MILK
£3.50

ORGANIC SOUR DOUGH TOAST WITH BUTTER AND JAM
OR OLIVE OIL AND GARLIC TOMATO
£2.90

FRESH BAKED CROISSANT WITH BUTTER AND HOME-MADE JAM
£2.90

OPEN CHEDDAR CHEESE ORGANIC SOUR DOUGH TOAST WITH
CHILLI JAM
£3.50

CHIA PUDDING AND COCONUT SOY YOGURT POTS WITH BERRIES
AND TOASTED SEEDS (VG/DF/GF)
£4.95

TURMERIC PORRIDGE WITH ALMOND MILK, COCONUT SOY
YOGURT, BANANA, BERRIES, DATE AND PUMPKIN SEEDS (VG/DF/GF)
£5.70

FRESHLY SMASHED AVOCADO ON ORGANIC SOUR DOUGH WITH
WILTED SPINACH, CHILLI JAM AND 2 EGGS COOKED TO YOUR LIKING
£6.50

FRESHLY SMASHED AVOCADO ON ORGANIC SOUR DOUGH WITH
SMOKED SALMON AND 2 EGGS COOKED TO YOUR LIKING
£8.50





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PARRILLA VEG OF THE DAY WITH EGGS OF YOUR CHOICE AND SOUR DOUGH TOAST
£8.90

PARRILLA VEG OF THE DAY WITH TAHINI DRESSING AND ORGANIC SOUR DOUGH (VG/DF)
£8.90

BAKED EGGS WITH SPINACH AND CHICKPEA CASSOULET WITH ORGANIC SOUR DOUGH (V)
£7.90

EXTRAS:

GLUTEN FREE BREAD AVAILABLE ON REQUEST 80P SURCHARGE

SMOKED SALMON £3.00
CHEDDAR CHEESE £1.50
SPINACH £1.50
MUSHROOMS £1.50
GRILLED TOMATO £1.50
CHILLI JAM £1.50

