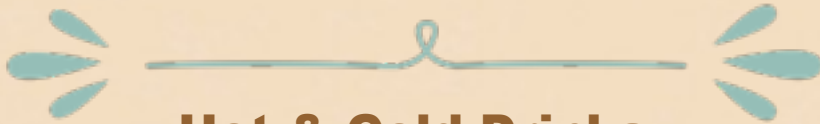



cork & fork
 FOOD AND DRINKS 
 30 Irish Town, Gibraltar

Home of fresh organic coffee, daily prepared sandwiches, home made food, smoothies made out of hand picked fruit we cut and freeze, healthy freshly made juices



Hot & Cold Drinks

All coffees are prepared from fair-trade organic beans

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|----------------------------|-------|
| Cappuccino | £1.80 |
| Espresso / Machiatto | £1.40 |
| Cafe Late..... | £1.80 |
| Home made Iced Coffee..... | £2.30 |
| Breakfast Tea..... | £1.30 |
| Herbal Teas..... | £1.50 |
| Cafe Mocha | £2.30 |
| Hot Chocolate..... | £1.80 |
| Americano..... | £1.50 |
| Home made Iced Tea..... | £2.30 |



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|---|-------|
| Freshly made juices(Apple,Orange,Carrot, Mixes etc)..... | £3.00 |
| Strawberry Split Smoothie(Strawberry&Banana) | £3.00 |
| Sweet Melody Smoothie(Mango,Melon,Strawberry) | £3.00 |
| Caribbean Breeze(Pineapple,Strawberry,Coconut) | £3.00 |
| Morning Glory (Spinach,Mango,Pineapple,Banana) | £3.00 |
| The Green Machine(Broccoli,Spinach,Celery,Banana, Pineapple)..... | £3.00 |
| Beet'N'Blend (Beetroot,Strawberry,Banana) | £3.00 |





BREAKFAST &...

- Eggs Benedict (Poached eggs served with salmon,bacon or ham on english muffin with home made hollandaise sauce)£5.60
- Porridge (daily flavours)£3.20
- Granola (with semi skimmed or soya milk or yogurt)£3.20
- Freshly baked Croissant (plain,with jam or ham&cheese)
.....from£1.40
- Pan au Chocolate, Danish Pastries or Savouriesfrom £1.50
- Rustic bread toast (with butter, jam or peanut butter).....£1.40




**SANDWICHES...
SALADS...SPECIALS**

- Daily choice of sandwiches mad on hame baked bread
.....from £3.80
- Daily Specials (daily choice of home cooked food)
.....from £5.90
- Freshly prepared salads (daily choice of house salads)
.....from £4.20
- Soup of the day (November-April)£3.25
- Selection of Cakesfrom £1.50





FREE WI-FI
NETWORK: CORK&FORK
PASSWORD : BITEME

30 IRISH TOWN

CORK
& FORK
GIBRALTAR

